Some examples of close contact with a person who has tested positive for COVID-19 include: being within six feet of them for a cumulative total of 15 minutes or more over a 24-hour period (e.g., having lunch or being part of a gathering with them); living with them; providing care for them; or having exposure to respiratory secretions (e.g., being coughed or sneezed on, sharing a drinking glass or utensils, kissing) from them.

**What’s close contact — and what’s next?**

**I was in close contact with a person with COVID-19, am vaccinated or unvaccinated, and am experiencing symptoms consistent with COVID-19.**

- **Common COVID-19 symptoms include:**
  - Fever, chills, cough, shortness of breath, fatigue, muscle aches, headache, loss of taste or smell, sore throat, nasal congestion or rhinorrhea, vomiting or diarrhea, and skin rashes. *Source = CDC*

**I was in close contact with a person with COVID-19, have no symptoms, and I am…**

- **fully vaccinated and have a booster. OR**
- **fully vaccinated in the past 5 months with Pfizer/Moderna, or 2 months with Johnson & Johnson, but do NOT have my booster shot. OR**
- **fully vaccinated or unvaccinated, but have tested positive for COVID-19 in the past 90 days.”**

**I was in close contact with a person with COVID-19, have no symptoms, and I…**

- **was vaccinated more than 5 months ago with my Pfizer/Moderna 2nd dose, or 2 months ago with my Johnson & Johnson 1st or 2nd dose.**
- **do NOT have my booster shot.”**

**I’m unaware of a close contact exposure, have no symptoms, but have tested positive - what’s next?”**

**“I was in close contact with a person with COVID-19, am vaccinated or unvaccinated, and am experiencing symptoms consistent with COVID-19.”**

- **Do not attend** class, work, or social gatherings.
- **Separate yourself from others** as much as possible, wear your mask, and wash hands frequently.
- **Schedule a COVID-19 testing appointment** at Student Health and Wellness online or call (434) 924-5362.
- **Follow the instructions** of the local health department if they have been in contact with you.
- **If possible,** have a friend pick up/order food for you. Friends can go to UVA Dining for a to-go meal if you provide them with your ID and a note that permits them to pick up a meal for you.
- **Review this CDC webpage** for helpful guidance.
- **NOTE:** If you were asymptomatic, had a post-exposure BeSafe test scheduled, but are now symptomatic—cancel your BeSafe test, begin to isolate, and schedule a COVID-19 test at SHW.

**“I was in close contact with a person with COVID-19, have no symptoms, and I…**

- **fully vaccinated and have a booster. OR**
- **fully vaccinated in the past 5 months with Pfizer/Moderna, or 2 months with Johnson & Johnson, but do NOT have my booster shot. OR**
- **fully vaccinated or unvaccinated, but have tested positive for COVID-19 in the past 90 days.”**

- **You do not need to quarantine. You do need to wear a well-fitting mask for a full 10 days after exposure. You can attend class.**
- **Get tested on day 5 after your exposure.** See BeSafe for testing information at [https://besafe.virginia.edu](https://besafe.virginia.edu).
- **NOTE:** If you have tested positive in the past 90 days, you do not need to test on day 5 post-exposure.
- **Follow the instructions** of the local health department if they have been in contact with you.

**“I was in close contact with a person with COVID-19, have no symptoms, and I…**

- **was vaccinated more than 5 months ago with my Pfizer/Moderna 2nd dose, or 2 months ago with my Johnson & Johnson 1st or 2nd dose.**
- **do NOT have my booster shot.”**

**OR “I am unvaccinated.”**

**Additional Q&A can be found at [www.studenthealth.virginia.edu/quarantine-isolation](http://www.studenthealth.virginia.edu/quarantine-isolation)**

COVID-19 information and protocol can change quickly.

If you have any questions, please email covidinformation@virginia.edu