CLOSE CONTACT

Some examples of close contact with a person who has tested positive for COVID-19 include: being within six feet of them for a cumulative total of 15 minutes or more over a 24-hour period (e.g., having lunch or being part of a gathering with them); living with them; providing care for them; or having exposure to respiratory secretions (e.g., being coughed or sneezed on, sharing a drinking glass or utensils, kissing) from them.

“WHAT’S CLOSE CONTACT — and what’s next?”

“I am vaccinated and have no symptoms, but was in close contact with a person with COVID-19.”

- Wear a mask indoors and distance yourself from others, including housemates.
- Get tested 3–5 days after your exposure. See BeSafe for testing information at https://besafe.virginia.edu
- Follow the instructions of the local health department if they have been in contact with you.

“I am vaccinated OR unvaccinated and am experiencing symptoms that are consistent with COVID-19.”

- You should not attend class. Separate yourself as much as possible from other people. Wear your mask.
- Schedule an appointment at Student Health and Wellness (online or by calling 434-924-5362).
- Follow the instructions of the local health department if they have been in contact with you.

“I am undervaccinated or unvaccinated and was in close contact with a person with COVID-19.”

- You need to quarantine per CDC guidelines.
- Schedule an appointment at Student Health and Wellness (online or by calling 434-924-5362).
- If you live on Grounds, you will be provided with quarantine housing. A staff member will coordinate your move during daytime hours (typically 8am-5pm), so be ready for their call.

“What if I have COVID-19 symptoms and am waiting for my test result?”

- Please do not go to class. Separate yourself as much as possible from other people. Do not spend time in common areas. Wear your mask.
- If possible, have a friend pick up/order food for you. They can go to UVA Dining for a to-go meal if you provide them with your ID + a note that permits them to pick up a meal for you.
- Review this CDC webpage for helpful guidance.

“What if my roommate/housemate has COVID-19 symptoms and is waiting on a test result?”

- Separate from your roommate as much as possible.
  - You should both wear a mask.
  - If your roommate tests positive, you should follow the close contact and testing guidance above.

“What if I receive a COVIDWISE notification?”

- Get tested for COVID-19 by scheduling an appointment through UVA BeSafe at https://besafe.virginia.edu
- You do not need to alter activities if you are not otherwise notified by the health department, or person, that you’ve been exposed to COVID-19.

*COVID-19 information and protocol can change quickly. If you have any questions, please email covidinformation@virginia.edu or visit coronavirus.virginia.edu*