WHAT TO DO

School of Nursing: Symptoms or Positive COVID-19 Test

I HAVE TESTED POSITIVE FOR COVID-19.

DO YOU HAVE SYMPTOMS OF COVID-19?

STUDENT ONLY
(I do not get paid for any work at the University.)

- Return to your residence and avoid using public transit.
- Schedule an appointment to speak with a Student Health and Wellness (SHW) provider by calling (434) 982-3915.
- Self-isolate until 10 days have passed since the onset of your symptoms or the date of your test (whichever is longer) and you are fever-free for 24 hours with improving symptoms.
- SHW will furlough you from in-person coursework and clinical activities until your isolation period is complete.
- Clearance to return to work must be obtained from SHW.

FACULTY, STAFF, EMPLOYEE

- Return to your residence and avoid taking public transit.
- Contact Employee Health by calling (434) 924-2013.
- Self-isolate until 10 days have passed since the onset of your symptoms or the date of your test (whichever is longer) and you are fever-free for 24 hours with improving symptoms.
- Employee Health will furlough you from in-person work and clinical activities until your isolation period is complete. Clearance to return to work must be obtained from Employee Health.

DO YOU HAVE SYMPTOMS OF COVID-19?

These may include:
- Cough
- Shortness of breath
- Fever
- Chills
- Muscle Pain
- Sore throat
- Gastrointestinal symptoms
- New loss of taste or smell
- Congestion or runny nose

Yes, I have symptoms.

FOLLOW CDC GUIDELINES:
- Stay at home or in your dorm room until you receive medical advice.
- Separate yourself from others.
- Students should contact SHW to schedule an appointment.
- Faculty and staff should contact Employee Health.

No, but I have been in close contact* with a person diagnosed with COVID-19.

*What’s a close contact?
- Contact occurred during the person’s infectious period, which is 2 days before symptoms began or 2 days before their test occurred if they have no symptoms.
- Contact was within six feet of them for a cumulative total of 15 minutes or more over a 24-hour period.
- If in the clinical setting, contact occurred without use of approved personal protective equipment (PPE). Visit UVA Knowledge link for additional information on PPE recommendations.

Yes, I meet the definition of a close contact*.

- Quarantine for 14 days after date of last contact.
- Students, contact SHW to arrange for testing and furlough from in-person coursework and clinical activities.
- Faculty and staff, contact Employee Health to arrange for testing and furlough from in-person work and clinical activities.
- Continue to quarantine for 14 days even if the test result is negative.
FREQUENTLY ASKED QUESTIONS

Q: I am not living or learning in Charlottesville/Albemarle area (clinicals, coursework, extra-curricular). Do I need to complete the mandatory COVID-19 test?
A: No, per public health measures outlined on the University of Virginia’s Return to Grounds website.

Q: I received a positive result as part of the Return to Grounds testing process. Do I need to contact Student Health and Wellness (SHW)?
A: Students who test positive, but have not yet returned to the area, should contact their local health care provider. Students who are already in the area should contact SHW.

Q: I am not a UVA employee and will not participate in any clinicals at a UVA site. Must I comply with the UVA travel policy?
A: The UVA Health travel policy pertains to anyone learning or working within the UVA Health system. When learning or working at an alternate site, the student should check to see what policies are in place for that institution. Please consult with your faculty advisor if you need assistance.

Q: I am a nurse learning/working in a unit dedicated to patients with confirmed COVID-19. If I use the required PPE by my institution, does this work constitute an exposure?
A: No, if you are following PPE guidelines provided by Infection Control, this is not considered an exposure. However, if you have a breach in PPE, you should consult with your clinical supervisor and report to SHW (student) or Employee Health (employee).

Q: Another student in my lab group has tested positive. Does the entire clinical/lab group need to contact SHW for testing?
A: No. The health department will notify people who are determined to be close contacts. If you believe you meet the definition of a close contact (see page 1), please contact SHW.

Q: I had lunch with another student who has now tested positive. Do I need to get tested?
A: People who are close contacts of a person with COVID-19 need to quarantine for 14 days after the last exposure. If testing is available, it should be done 5-7 days after the exposure. Please see page 1.

Q: I am a both a UVA Nursing Student and UVA Health employee, who should I call first if I have symptoms of COVID-19, have received a positive COVID-19 test result, or believe I was in close contact with someone who has tested positive for COVID-19?
A: You should start with Employee Health and then contact SHW.

Updated information for students, staff, and faculty:
www.returntogroups.com

SHW Administrative Contact
Melissa Surguine-Smith BC-RN, MSN
Phone: 434-924-8323  Email: ms3fp@eservices.virginia.edu

SON Administrative Contact
Gina DeGennaro, DNP, RN, CNS, AOCN, CNL
Phone: 434-924-0116  Email: rmd3e@virginia.edu