HOO KNEW?
YOU KNEW!

94.5% of UVA students do acts of kindness for friends, family, or strangers to build relationships with others.*

93.1% of UVA students believe overcoming challenging life experiences helps them thrive.**

*From the February 2017 Health Survey with responses from 1,010 UVA students
**From the February 2015 Health Survey with responses from 931 UVA students

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