



ROTATION DIRECTOR

Elizabeth Robinson, MD
982-3915
ear5s@virginia.edu

Administrative Assistant

Christa Conley
243-6919
CJH9C@virginia.edu

DOM ACTOR LINK FOR THIS ROTATION: <https://actor.med.virginia.edu/course/view.php?id=44>

EDUCATIONAL PURPOSE

The overall goal of this curriculum is to equip the resident with the specific knowledge, skills, and attitudes necessary to care for adolescents / young adults. This includes improving the resident's ability to manage the common health concerns affecting young adults and to deliver preventive services appropriately tailored to this population.

LOGISTICS

- The General Medicine clinic hours are 8:00AM-5:00PM. Residents are expected to be at the clinic for the entire day unless approved for time off because of other house staff requirements. Residents are excused from clinic when they have previously scheduled clinic duties elsewhere. Communication with the front desk secretarial staff is expected regarding any scheduling changes/conflicts (982-3915).
- Residents will receive extensive orientation to the clinic and its electronic health record system on the first day of the rotation. Unless otherwise arranged through communication with Dr. Robinson, residents should arrive at 8:00AM on the first day of the rotation.
- Residents are able to rotate only during the UVA academic school year, excluding the student winter break. **Residents should not be scheduled to rotate 5/15-8/15 or 12/15-1/15 each year.**
- Maximum trainee limits (per month): 3 including both residents and medical students
- There are no call duties.
- There is no on-site parking available for residents.

CURRICULAR MILESTONES TO BE ACHIEVED

By the end of this rotation, the resident should be able to:

Patient Care

1. Diagnose and treat outpatient conditions affecting young adults.
2. Demonstrate appropriate knowledge, attitudes and skills in the delivery of clinical preventive services targeted to young adults.

Medical Knowledge

3. Demonstrate knowledge of normal anatomy and physiology relevant to adolescents/ young adults.
4. Obtain a history pertinent to common complaints and health maintenance in this population.
5. Demonstrate improved skill in the physical examination of adolescents/ young adults.
6. Access, analyze, and assimilate clinical information relevant to the care of adolescents / young adults.

Practice-Based Learning and Improvement

7. Learn and improve via performance audit and feedback.
8. Locate, appraise and assimilate evidence from scientific studies.
9. Use information technology to manage information, access online medical information and support own education.
10. Facilitate the learning of students and other healthcare professionals.

Interpersonal and Communication Skills

11. Communicate effectively and demonstrate caring and respectful behavior toward patients and family members.
12. Demonstrate interpersonal skills and sensitivity required in communicating effectively with young adults.
13. Create and sustain a therapeutic and ethically sound relationship with patients and families.
14. Demonstrate competence in counseling regarding health issues affecting young adults, including sexual and mental health issues, and substance abuse.
15. Communicate effectively with all members of the team.
16. Demonstrate appropriate knowledge, skills and attitude in integrating the psychosocial aspects of diagnosis and therapeutics.

Professionalism

17. Exhibit respect, compassion, integrity and ethical behavior in professional conduct toward patients and families, colleagues, and other members of the health care team, including respect for patient confidentiality.
18. Demonstrate sensitivity and responsiveness to patients' culture, age, gender, disabilities and individual needs and preferences.
19. Demonstrate a commitment to excellence.
20. Accept responsibility and follow through on tasks.

Systems-Based Practice

21. Advocate for quality patient care and assist patients in dealing with system complexities.
22. Recognize system error and advocate for system improvement.
23. Identify forces that impact the cost of health care, and advocate for and practice cost-effective care.
24. Transition patients effectively and safely within and across health delivery systems.

TEACHING METHODS

Types of Clinical Experiences

Residents are expected to have direct patient care responsibility at the Student Health Medical Services clinic, under faculty supervision. Residents will see a broad range of health problems. Among others, residents would be expected to gain clinical experience in these areas:

- Asthma
- UTI/pyelonephritis
- Pharyngitis/tonsillitis (bacterial and viral)
- Headache
- Diarrhea (bacterial and viral)
- Musculoskeletal injuries (ankle, shoulder, knee most common)
- Ear problems
- STI/Male genital exam
- Alcohol-related problem
- Dermatitis/acne
- Wart treatment
- Health maintenance/ immunizations

Residents may gain experience in procedures including:

- Liquid nitrogen therapy for warts
- Incision and drainage of uncomplicated abscess
- Suture simple laceration
- Wound care

Disease Mix and Patient Characteristics

Patients seen at Student Health General Medicine include undergraduate and graduate students at the University of Virginia. The typical age range is 17 to the mid-30's. Patients are of diverse socio-demographic backgrounds.

Educational Conferences

General Medicine CME Conference, 2 Tuesdays each month, 8:00-9:00 AM, Student Health ground floor, Room G010.

TYPE OF SUPERVISION

Residents are supervised by attending physicians and may additionally interact with medical students, nurse practitioners and/or physician assistants.

METHOD OF EVALUATION

All residents will receive formative evaluation throughout the rotation via direct observation. Summative evaluation will occur at the end of the rotation using New Innovations.

Residents have the opportunity to provide feedback throughout the rotation and are required to evaluate the faculty and the elective using New Innovations.

Updated: 7/2019