**RECOGNIZE WHEN TO TAKE ACTION**

- Puking while passed out
- Unresponsive to pinching or shaking
- Breathing is irregular/shallow/stopped
- Skin is blue/cold/clammy

**SEE EVEN ONE? CALL 911**

*Unsure? Call Poison Control at (800) 222-1222
Free & confidential expert medical advice 24/7

**CALL 911**

What questions might the 911 dispatcher ask?
- Your location
- The condition of your friend
- What & how much they consumed

**WHY DO POLICE RESPOND TO MEDICAL EMERGENCIES?**

For all emergency calls on Grounds, police always respond in order to provide access to buildings, and other logistical aid to support medical responders. They can also provide medical assistance until EMTs arrive on scene.

**BE HONEST**

EMTs will ask questions on scene. It’s important to answer as honestly as possible so they can figure out how to help the person in need.

- How much did your friend have to drink? Were they using any other substances?
- Did they fall or hit their head?
- How long have they been like this?
- Have they vomited or lost consciousness?
- Are they on any other medications? What other health conditions do they have?

**FAQS**

**WILL I GET IN TROUBLE IF I’M UNDER THE INFLUENCE AND CALL 911?**

First responders focus on the health and safety of the student(s) experiencing a medical emergency. They aren’t looking for reasons to get you “in trouble.” Answer their questions honestly to get your friend the help they need. Typically, if students are cooperative, the outcome could be a referral to the Office of the Dean of Students and/or other supportive resources.

**WILL MY FRIEND’S PARENTS SEE THAT THEY WENT TO THE HOSPITAL FOR A SUBSTANCE USE EMERGENCY?**

While parents will see their insurance billed for an ambulance ride, they cannot see the reason for transport.

**SUBSTANCE USE EMERGENCIES ARE SERIOUS. TAKE ACTION AND CALL FOR HELP!**

**POTENTIAL BARRIERS TO CALLING 911**

**Uncertainty with police involvement**

It’s important to recognize the fears & anxieties that may come with police involvement. An alternative option to keep each other safe is to ask a friend or RA to call 911 if you would feel more comfortable with them making the call & taking the lead with the police interaction.

**Cost of ambulances**

There is no cost for ambulance transports in the city of Charlottesville. Your insurance may be billed, but any remaining cost related to transport will be covered. There may be additional fees incurred from medical care received in the ER.

**CARE**

Stay with your friend while waiting for EMS. First responders will request the person’s legal ID, so get it ready. If they pass out, use the Bacchus Maneuver until help arrives.

**THE BACCHUS MANEUVER**

1. Raise person’s L arm above head. Pull R shoulder to roll them toward you.
2. Gently roll person as a unit. Guard their head as you roll.
3. Tuck R hand under cheek to maintain head tilt. Drop R knee forward to stabilize.

**COOPERATE**

Stay on scene. Be helpful and cooperative. EMS and other professionals are there to make sure your friend is safe, not to get you in trouble.

Depending on the situation, first responders will direct your next steps.