



PREPARING FOR TRAVEL

2021-2022

if you're traveling during or HOME following spring term, start planning for travel-related COVID-19 requirements well before your travel dates. It is especially important to understand requirements and guidance specific to your airline and your destination, whether you will be traveling domestically or internationally.

Q: I'd like to proactively test before travel, but am not required to. What are my options?

A: Starting 3/28/22, rapid antigen at-home tests are available for free at the [SHW Pharmacy](#) and [UVA Bookstore Pharmacy](#) through the end of spring term, while supplies last. Let's Get Checked kits can also be ordered through [the portal](#), while supplies last. Rapid antigen at-home tests are also available at local pharmacies, and insurers are required to fully cover eight over-the-counter at-home tests per covered individual per month.

Q: I am required to have a test result before travel. How should I prepare?

A: Review the chart below. If you are traveling internationally, [this resource](#) can help.



<p>TESTING REQUIREMENTS</p>	<p>Depending on your destination, airlines may require a negative PCR test result within 48-72 hours of your flight. Requirements can be airline- <i>and</i> country-specific, so plan ahead. If you require an antibody or antigen test, you should schedule an appointment for these services in the community – CVS and Walgreens offer rapid antigen testing, and you can visit the VDH COVID-19 testing locations webpage to find more sites.</p>
<p>TIMING OF TESTING</p> <p>IMPORTANT: Try not to travel on a Sunday or Monday, as test results may not be available within 72 hours of your flight!</p>	<p>If you are required to test for travel, you should use a commercial provider (provider list on second page). UVA Riverside offers asymptomatic testing Monday - Friday that can be scheduled up to a week ahead of time by phone. Lab turnaround times for test results are 1-3 days after pick-up.</p> <ul style="list-style-type: none"> • The timing of your travel is important to consider. Try to avoid traveling on a Sunday or Monday, as test results may not be available within 48-72 hours of your flight. • Consider your return travel. Review CDC Requirements for Return to the U.S. and plan for proof of vaccination, testing, and next steps if your test result comes back positive • Keep in mind that pre-travel COVID-19 testing is unlikely to be covered by insurance.
<p>LETTER OF RECOVERY</p>	<p>Student Health and Wellness (SHW) will provide letters of recovery for students who tested positive at least 10 days prior to travel, have completely recovered, and have a copy of their lab result. SHW cannot provide letters of recovery to students who are physically located outside the state of Virginia. If you meet the above criteria, please schedule a "COVID Questions" appointment through the HealthyHoos patient portal.</p>
<p>NEW →</p> <p>PROOF OF VACCINATION</p>	<p>As of Nov. 8th, 2021, all non-immigrant, non-citizen air travelers to the U.S. will be required to be fully vaccinated prior to boarding an airplane to the U.S., with few exceptions. You can download information that has been uploaded to HealthyHoos or provide the original documentation you received at the vaccination site. We recommend carrying both paper and electronic copies of your documentation. If you were vaccinated in Virginia, you can request proof of vaccination online through the VDH.</p>

DESTINATION REQUIREMENTS

Review your destination's requirements. If you are traveling abroad:

- Check the [State Department website](#) and the destination country embassy website.
- Consider what the requirements will be for your return to the US, including proof of COVID-19 vaccination. See the [CDC travelers website](#). Understand that guidelines are fluid and subject to change. Check regularly for updates.

SAFETY CONSIDERATIONS

Please be careful while traveling! Physically distance and wear your mask (even if vaccinated) so that you decrease exposure for yourself, loved ones, and others.

- **Face Masks:** Review [CDC guidance](#) about wearing face masks when traveling by air or public transportation.

