As soon as you know about a potential exposure, quarantine away from others in your room.

Call Student Health and Wellness (SHW) to review your exposure and potential testing needs.

PLEASE NOTE: These timelines are examples.

**QUARANTINE**

**NEGATIVE TEST RESULT**

**QUARANTINE**

**POSITIVE TEST RESULT**

**ISOLATION**

**UVA PREVALENCE TESTING**

(residence halls, satellite clinic, + saliva testing)

**CLOSE CONTACT/NO SYMPTOMS**

(resulting in a negative COVID-19 test)

*For the full definition of close contact, visit vdh.virginia.gov/coronavirus/local-exposure/*

CLOSE CONTACT/NO SYMPTOMS

(resulting in a negative COVID-19 test)

SYMPTOMATIC

(resulting in a positive COVID-19 test or developed symptoms while on other timelines)

As soon as you develop symptoms, quarantine away from others in your room.

Call Student Health and Wellness (SHW) to review your symptoms and potential testing.

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If you have never had any symptoms, you can end isolation after at least 10 full days have passed since the day of your first positive test result.

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You can end isolation after THREE things occur: 1) at least 10 full days have passed since symptoms first appeared, 2) at least 24 hours without a fever-reducing medication, and 3) other symptoms have improved. Occasionally, isolation needs to be extended based on a medical situation.

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You can end isolation after THREE things occur: 1) at least 10 full days have passed since symptoms first appeared, 2) at least 24 hours without a fever-reducing medication, and 3) other symptoms have improved. Occasionally, isolation needs to be extended based on a medical situation.

Last close contact with person with COVID-19*

DAY 5

DAY 6

DAY 7

5-7 days after your exposure is the optimal testing window, if testing is needed. Why the wait? If you have been exposed to COVID-19, VDH recommends this timeframe. Earlier tests are more likely to be inaccurate.

If your test is negative and you continue to not have symptoms, you need to quarantine for a total of 14 full days. The virus can still develop up to 14 full days after your exposure.

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