Logo of the Student Disability Access Center at the University of Virginia

Remote Participation Documentation Addendum

Guidance for Healthcare Providers

Institutional Context:

The University of Virginia will primarily offer in-person instruction in the 2021-2022 academic year. Most of the University’s academic programs have essential in-person components. In certain cases, remote participation can be considered as a pandemic-related modification if a student’s disability makes them unable to participate in-person; approval is contingent upon determining feasibility for the student’s courses in collaboration with faculty and other University academic officials. Students who are determined eligible for remote participation are approved for one semester. This modification is not intended to be used for multiple semesters in a row, nor to convert an in-person program into an all-virtual experience. This modification is not intended for non-disability-related reasons, such as general population concerns about exposure to COVID, housing/living concerns, financial concerns, caregiving concerns, preference for online course modality, etc.

Clinician Role:

As a clinician you should be diligent in following your professional training, scope of practice, and ethics. What university decision-makers need is your professional judgement regarding the student’s health status and related needs.

Content for Letter of Support:

In addition to our [Verification of Disability form](https://www.studenthealth.virginia.edu/student-disability-access-center/forms), we are asking clinicians to write an additional letter of support for this request. Below is the information the university is looking for in evaluating an individual’s request for remote participation as a modification. Please include the following in your letter of support:

1. Describe your professional relationship with the student on which you are basing your treatment plan (e.g., type of treatment, length/history of relationship).
2. Confirm the student’s relevant medical or mental health diagnoses that you feel rise to the level of disability.\*
3. A statement of support for remote participation, including an estimated end date when the student should be able to resume in-person participation. If you have recommendations on parameters or accommodations to support their return to in-person participation, please share.
4. Describe how the student’s disability creates a significant barrier to their full and meaningful participation in an on-Grounds experience. Questions to consider include:
   * Compared to their peers, what significant negative impacts will this student face if they are on Grounds?
   * How would remote participation mitigate these negative impacts in ways that go beyond the typical benefits any individual receives from having online classes?
   * Do you believe that remote participation is essential for the student to effectively participate in and benefit from their academic work?
   * What other accommodations would be a reasonable substitution to remote participation?
   * Are there other viable alternatives, such as a medical leave, that the student should also consider?
5. For students with [CDC-recognized COVID-high-risk conditions](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html) (e.g., diabetes): The description should include a holistic assessment of the student’s health risks for being on Grounds, considering: their unique medical profile, the latest information on vaccine efficacy, and the university’s safety practices.
6. For students without CDC-recognized high-risk conditions (e.g., mental health conditions): The description should include an explanation of how being on Grounds will disproportionately affect them compared to their peers such that remote participation is the only viable option. This impact must go beyond the typical stress or nervousness that most people are expected to feel in readjusting to an in-person experience.

\* The legal definition of disability is a mental or physical condition that substantially limits a major life activity compared to most people. Substantial in this context is somewhat subjective, but means a notable, significant, meaningful limit/difference to the manner in which the individual engages in the activity, the conditions necessary for them to engage in the activity, the duration for which they can engage in the activity, or the frequency which they engage in the activity. Major life activities include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and the proper functioning of major bodily systems.