Rotation Director: Elizabeth Robinson, MD, PICC 3509, EAR5S@virginia.edu

Educational Purpose
The goal of this rotation is to equip the resident with the specific knowledge, skills, and attitudes necessary to care for adolescents/young adults. This includes improving the resident’s ability to manage the common health concerns affecting young adults and to deliver preventive services appropriately tailored to this population.

Logistics
- The Medical Services clinic hours are 8:00AM-5:00PM Monday-Friday. Residents are expected to be in clinic for the entire day unless approved for time off because of other housestaff requirements. Residents are excused from clinic for noon conferences/grand rounds and when they have previously scheduled clinic duties elsewhere. Communication with the front desk secretarial staff is expected regarding any scheduling changes/conflicts (982-3915).
- Residents will receive extensive orientation to the clinic and its electronic health record system on the first day of the rotation. Unless otherwise arranged through communication with Dr. Robinson, residents should arrive at 8:00AM on the first day of the rotation.
- One week prior to the start of the rotation, each resident should complete the required IT (Information Technology) and Workday modules assigned to them.
- Residents may rotate only during the UVA academic school year, excluding the student winter break. Residents should not be scheduled to rotate 5/15-8/15 or 12/15-1/15 each year.
- Maximum trainee limits (per month): 1-2 Internal Medicine residents, 1 additional resident (Pediatrics, Family Medicine)
- There are no call duties.
- There is no on-site parking available for residents.
- Location: 550 Brandon Avenue, Charlottesville, VA 22908

Educational Conferences
Recommended: Medical Services CME Conference, 2 Tuesdays each month, 8:00-9:00 AM, Student Health 1st Floor Conference room or by Zoom

Curricular Milestones to be Achieved
By the end of this rotation, the resident should be able to:

Patient Care
1. Diagnose and treat outpatient conditions affecting young adults.
2. Demonstrate appropriate knowledge, attitudes, and skills in the delivery of clinical preventive services targeted at young adults.

Medical Knowledge
3. Demonstrate knowledge of normal anatomy and physiology relevant to adolescents/young adults.
4. Obtain a history pertinent to common complaints and health maintenance in this population.
5. Demonstrate improved skill in the physical examination of adolescents/young adults.
6. Access, analyze, and assimilate clinical information relevant to the care of adolescents/young adults.

Interpersonal and Communication Skills
7. Demonstrate effective interpersonal skills, sensitivity, and cultural awareness when communicating with young adults.
8. Demonstrate competence in counseling regarding health issues affecting young adults, including sexual and mental health issues, and substance abuse.
Reading List / Resources
All references below are on the IM-R UVA Collab website.

Sports Medicine
   Review these topics: Sprains and Strains, Shoulder, Hand and Wrist, Knee and Lower Leg, Foot and Ankle

Vaccines
2. ACHA Guidelines: Immunization Recommendations for College Students, 2021. Link

Sexual Health
3. ACHA Best Practices for Sexual Health Promotion and Clinical Care in College Health Settings, 2020. Link

Infections

Dermatology

Travel Medicine

Updated: 03/2022