



Rotation Co-Directors

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EDUCATIONAL PURPOSE

The Family Nurse Practitioner Preceptorship will provide the nurse practitioner (NP) student the opportunity to develop skills necessary to function effectively as a novice NP while working with an adolescent/young adult population. This includes improving the NP student’s ability to assess and manage the common health concerns affecting young adults and to deliver preventive services appropriately tailored to this population.

LOGISTICS

- The Medical Services clinic hours are Monday-Friday, 8:00AM-5:00PM. NP students are expected to arrange their schedule with the rotation directors in order to achieve their required clinical hours for the semester.
- Lunch is from 12:00- 1:00 each day but may include additional educational instruction (case presentations, etc).
- Clinical rotation placement is arranged by the student’s school of nursing.
- NP students will receive extensive orientation to the clinic and its electronic health record system on the first day of the rotation. Unless otherwise arranged, students should arrive at 8:00AM on the first day of the rotation.
- NP students rotate only during the UVA academic school year for a full semester rotation (fall or spring).
- There is no on-site parking available for students.

PROFESSIONALISM

Nurse Practitioner students rotating through Student Health will be expected to:

1. Exhibit respect, compassion, integrity and ethical behavior towards patients and families, colleagues, and other members of the health care team.
2. Maintain patient confidentiality by complying with HIPPA/FERPA requirements.
3. Demonstrate sensitivity and responsiveness to patients’ culture, age, gender identity, disabilities and individual needs and preferences.
4. Demonstrate a commitment to providing high quality, evidenced- based patient care.
5. Accept responsibility and follow through on assigned tasks.
6. Show self- initiative to further one’s clinical knowledge and overall professional growth

TEACHING METHODS

Types of Clinical Experiences

Nurse practitioner students will see a broad range of health problems including, but not limited to:

- Asthma
- UTI/pyelonephritis
- Pharyngitis/tonsillitis (bacterial and viral)
- Headache
- Diarrhea (bacterial and viral)
- Musculoskeletal injuries (ankle, shoulder, kneemost common)
- Ear problems
- STI/Male genital exam
- Alcohol-related problem
- Dermatitis/acne
- Wart treatment
- Health maintenance/ immunizations

Nurse practitioner students may gain procedural experience including:

- Cryotherapy for warts
- Wound Care
- Incision and drainage of uncomplicated abscess
- Suturing

DISEASE MIX AND PATIENT CHARACTERISTICS

Patients seen at Student Health Medical Services include undergraduate and graduate students at the University of Virginia. The typical age range is 17 to the mid-30s. Patients are of diverse socio-demographic backgrounds and include many international students.

EDUCATIONAL CONFERENCES

Students are expected to attend Medical Services CME Conferences, every other Tuesday, 8:00-9:00 AM. The CME schedule will be provided at orientation.

TYPE OF SUPERVISION

NP students are supervised by staff NPs and may additionally interact with attending physicians, residents, medical students, clinic nursing staff and support staff.

METHOD OF EVALUATION

All NP students will receive formative evaluation throughout the rotation via direct observation. Summative evaluation will occur at the middle and end of the rotation.

Nurse practitioner students are required to evaluate the faculty and the clinical rotation experience at the end of the rotation. Student feedback is carefully considered in order to improve the quality of the training environment that we provide for NP students.

FAMILY NURSE PRACTITIONER COURSE OBJECTIVES

By the end of the first semester rotation, the student will be able to:

1. Demonstrate skill in obtaining comprehensive and focused health histories based on individual patient needs.
2. Identify and perform pertinent physical exam components based on patient need.
3. Demonstrate knowledge of current medical guidelines and proficiency in the use of online reference databases.
4. Order and interpret diagnostic studies appropriate for the patient encounter.
5. Present assessment data to preceptor in an organized and concise manner.
6. Demonstrate the ability to formulate differential diagnoses for common acute illnesses.
7. Initiate management strategies for common health problems and acute illnesses.
8. Begin to integrate advanced nursing practice concepts with the role of the NP.
9. Develop collaborative relationships with other health care professionals.
10. Incorporate principles of health promotion, health maintenance, and disease prevention in the comprehensive assessment of patients.

By the end of the second semester rotation, the student will:

1. Function effectively as a novice Family NP.
2. Demonstrate integration of the knowledge and skills of advanced clinical practice specific to those required of a Family NP.
3. Combine clinical knowledge and expertise with knowledge from the natural, behavioral, medical, nursing, and research disciplines when providing primary care.
4. Demonstrate advanced principles of patient education.
5. Demonstrate collaborative communication when interacting with preceptors and other professionals on behalf of the patient.
6. Provide comprehensive, holistic, individualized care to University students.
7. Demonstrate quality of clinical practice consistent with legal, ethical and professional standards for the NP profession.
8. Promote health-generating behaviors that are independent, interdependent and community-oriented.

Updated: 11/02/2022