

NEXT STEPS FUND

for University of Virginia Students

For Providers Interested in Being a **Next Steps Fund** Provider for Mental Health

Thank you for your interest in providing a valued service to our UVA students! The **Next Steps Fund** is intended to alleviate the initial financial burden for students while they pursue their academic endeavors. Due to the COVID-19 epidemic, mental health demands are projected to increase. We are pleased that you are willing to be part of the solution for our University community.

Frequently Asked Questions

- **What is the Next Steps Fund?** The Next Steps Fund was created by UVA Darden student, Devin Underhill, who wanted to *help others take their next steps* toward mental health recovery. Devin spent the summer of 2016 hiking the Appalachian Trail and raising money to start a fund that aimed to break barriers, improve access, and reduce stigma surrounding mental health and therapy. Visit [Devin's website](#) to learn more or to make a donation. The fund provides payment for **up to six** psychotherapy appointments as a UVA student transitions their care to a community therapist. In order to access these funds, students need to verify that their chosen provider is willing to participate.
- **How does a student get referred to the Next Steps Fund?** The Students are referred at the discretion of a UVA CAPS clinician or care manager.
- **How do I sign up to be a Next Steps Fund provider?** Register yourself as a vendor with the UVA Fund by sending or emailing a [copy of your W-9](#) to John Cheslock at sub2dk@virginia.edu. Providers are asked to file claims with insurance and bill the student as they normally would. Students must submit their initial six therapy bills to CAPS in order to get funded. Once the bill is received by CAPS, the student's portion of the bill will be paid directly to the provider from the UVA fund for up to six initial visits. Student information is kept confidential and only CAPS and the community therapist have access to the student's name.
- **How long does it typically take to receive reimbursement?** Reimbursement may take approximately 3-5 days depending on the pay cycle and timing of submission. If there are any questions, email John Cheslock at sub2dk@virginia.edu.

About the Next Steps Fund

The **Next Steps Fund** was created by UVA Darden School of Business alumnus Devin Underhill, who wanted to help others take their next steps toward mental health recovery. Devin spent the summer of 2016 hiking the Appalachian Trail and raising money to start a fund that aims to break barriers, to improve access, and reduce stigma surrounding mental health and therapy. Visit [Devin's website](#) to learn more or to make a donation.