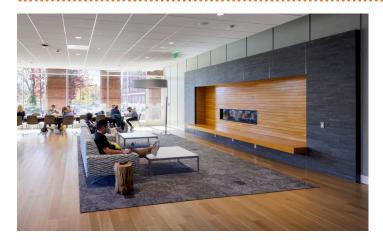


THE DEPARTMENT OF STUDENT HEALTH AND WELLNESS at THE UNIVERSITY OF VIRGINIA



The goal at Student Health and Wellness (SHW), is to help students reach their full potential by optimizing their health and well-being during their time at UVA and beyond. Our four-story building located at 550 Brandon Ave, is more than home to SHW, it is also, more generally, a student center at UVA with a lens on well-being. While most of the public areas in our building are available to drop-in and enjoy, some spaces in the building require a reservation. Regardless of the space you're seeking, please join us in our student-centered oasis. Learn more about the spaces and how to reserve below.

COMMON SPACES

Available to students without reservation.

7:45am-2am (swipe card access only 5pm-2am on weekdays and all day on weekends).

Living Room:

Gathering space for students outfitted with a fireplace, cozy seating, and communal table.

Student Lounge:

Laid back space for students stocked with a low table, natural light, swinging chairs, games.

Reflection Rooms:

Low-lit, intimate, technology-free rooms intended for individual relaxation, prayer, or meditation.







Multipurpose Rooms:

Capacity 75 (one room) 150 (combined rooms)
A versatile space designed to host a range of events such as workshops, celebrations, dances, and large scale meetings/presentations.

Conference Rooms:

Capacity 12

Dedicated space for events like conference calls, club meetings, presentations, and study groups.

Wellness Suite:

Capacity 10

Equipped with yoga mats, blocks, and blankets, this room is dedicated to house groups looking to practice relaxation, meditation, and yoga.

RESERVABLE SPACES:

Available to students with confirmed reservation.After 5pm on weekdays and all day on the weekends.

To Reserve:

- Login to 25Live (NetBadge required).
- Select "Event Form" in upper right-hand corner of the homepage.
- · Complete all required event form details.
- Your event is confirmed upon receiving an Event Confirmation email.

