



## THE DEPARTMENT OF STUDENT HEALTH AND WELLNESS *at* THE UNIVERSITY OF VIRGINIA



The goal at Student Health and Wellness (SHW), is to help students reach their full potential by optimizing their health and well-being during their time at UVA and beyond. Our four-story building located at 550 Brandon Ave, is more than home to SHW, it is also, more generally, a student center at UVA with a lens on well-being. While most of the public areas in our building are available to drop-in and enjoy, some spaces in the building require a reservation. Regardless of the space you're seeking, please join us in our student-centered oasis. Learn more about the spaces and how to reserve below.

### COMMON SPACES

*Available to students without reservation.*

7:45am-2am (swipe card access only 5pm-2am on weekdays and all day on weekends).

#### Living Room:

Gathering space for students outfitted with a fireplace, cozy seating, and communal table.

#### Student Lounge:

Laid back space for students stocked with a low table, natural light, swinging chairs, games.

#### Reflection Rooms:

Low-lit, intimate, technology-free rooms intended for individual relaxation, prayer, or meditation.







## RESERVABLE SPACES:

*Available to students with confirmed reservation.*

After 5pm on weekdays and all day on the weekends.

### To Reserve:

- Login to 25Live (NetBadge required).
- Select “Event Form” in upper right-hand corner of the homepage.
- Complete all required event form details.
- Your event is confirmed upon receiving an Event Confirmation email.

## Multipurpose Rooms:

**Capacity 75 (one room) 150 (combined rooms)**

A versatile space designed to host a range of events such as workshops, celebrations, dances, and large scale meetings/presentations.

## Conference Rooms:

**Capacity 12**

Dedicated space for events like conference calls, club meetings, presentations, and study groups.

## Wellness Suite:

**Capacity 10**

Equipped with yoga mats, blocks, and blankets, this room is dedicated to house groups looking to practice relaxation, meditation, and yoga.



**TO LEARN MORE:** [studenthealth.virginia.edu/space-reservations](https://studenthealth.virginia.edu/space-reservations)