Welcome Class of 2026!

Dear Fellow Hoo,

We’re so thrilled you’re here and a part of our UVA community. Even though this is an adjustment, you belong here. It’s normal to feel both excited and nervous – we’ve all been there! Having a positive attitude and being open to new people and experiences can help you through both the highs and lows. Plus, we’ll be here in your stall each month with helpful new info and resources.

Wahoowa!
- The SSJ Team

Making new friends can feel intimidating. Here are some ideas for conversation starters:

→ What dorm are you in? Have you met your roommate?
→ What else are you up to this summer?
→ I’m going to grab food if you want to join!
→ Do you want to go to the Lawn with me?

CIO = Student-Run Club

Packing List
- shower shoes
- pictures
- posters
- umbrella
- water bottle
- picnic blanket

Resources

Resident Advisors (RAs): Tips for meeting new people and adjusting to college life
Student Centers (Multicultural Center, Women’s Center, LGBTQ Center): Inclusive communities, programming, support, and spaces for all: multicultural.virginia.edu
LousList.org and TheCourseForum.com: User-friendly resources to explore classes and programs
Google Maps: Walking directions around Grounds and Cville
Instagram: Follow UVA.Classof2026, TimelyCare, UVAODOS, UVAUPC, UVA_Recreation, StallSeatJournal_uva, UVAHealthyHoos, UVA.PHE, and Wahoops

For more resources on topics including physical and mental well-being, alcohol safety, sleep, academics, finding community, nutrition, and healthy relationships, visit our website