Play with furry friends at PUDDIES AND PUMPKINS on Oct. 3 - 5 PM, AMPHITHEATER.

Hunt for ghosts and more at HALLOWEEN BASH on Oct. 28, 10 PM - 2 AM, NEWCOMBE PAC.

Watch CLOVERFIELD LANE on Oct. 29, 7 PM, AMPHITHEATER.

Chose down on LATE-NIGHT BREAKFAST WITH UPG on the Corner on Oct. 29, 10 PM - 2 AM.

Navigate VIRGINIA'S LARGEST CORN MAZE at Liberty Mills Farm, OPEN FOR TWO MONTHS and starting at $10.

Consider checking to ensure your costume is in line with your personal values.

By the way, don’t let housing stress creep in! There is still plenty of time to make plans, and nearly half of second years** continue to live on Grounds.

People celebrate special occasions in many ways. If choosing to celebrate with alcohol, limiting drinking to usual amounts and using protective behaviors can help reduce risk.

Using more than one protective behavior helps reduce risk.

HOOS KNEW? 94.2% of UVA students who drink make their own drink or watch their drink being made.*

HOOS KNEW? 95.0% of UVA students who drink eat before and/or while drinking.*

DRESSING UP?

When drinking without the usual environmental cues, tolerance is lower because the body won’t automatically begin to counter alcohol’s effects. Even if drinking a usual amount in a different situation (unfamiliar drinks, new places, different group, costumes), a person can be more impaired than anticipated. In this case, there is increased risk of negative outcomes, like injury or legal trouble.

Drinking more slowly or drinking less in new situations (holidays, sports events, traveling) can help counter the increased risk of negative consequences.

Always avoid mixing alcohol with other drugs. Prescription, illicit, and even over-the-counter drugs can increase alcohol’s effects.

HOOS CELEBRATE SAFELY

HOOS CELEBRATE THE LAST HOME FOOTBALL GAME: FOURTH YEAR 5K SATURDAY, NOVEMBER 12.