

Caring Community

Stall Seat Journal
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Here at UVA, we strongly value community. You can make a positive impact on our community by being an active bystander and setting and following safety expectations.

**HOO
KNEW?**

87% of UVA undergraduates agree that the UVA community looks out for one another.*

* From the February 2020 NCHA with responses from 904 UVA undergraduates.

UVA students are expected to look out for their fellow Hoos by being an active bystander. This means taking action if you notice a problem situation. Use the 3 D's as guidance!

Direct

Make suggestions to change the situation by direct communication.



"Instead of gathering indoors, let's do an outdoor activity and practice social distancing."

"I would like if we could stay at least 6 feet apart."

Distract

Shift the conversation or give somebody an opportunity to leave.

Delegate

Enlist help from others.

Speaking with a friend, "I want to make sure everyone else feels comfortable, can you help me talk to others about following safety guidelines?"

Resources

HOOs Health Check App

If returning to Grounds, remember to update your wellbeing and to check for symptoms related to COVID-19 everyday.

RAs

A friendly face and listening ear. Can connect you to the best resources.

For more information on a safer return to Grounds, visit returntgrounds.virginia.edu.

Office of Health Promotion
Department of Student Health
University of Virginia
Edited by Caleigh McDonough, Class of 2022
Designed by Elizabeth Lee, Class of 2021

Setting Safety Expectations

As we adjust to following new policies, it is important to remember that your decisions can affect others' health. Setting expectations with your roommate, friends and others can help keep you and the community safe. Here are some tips for starting a conversation about safety:



If you choose to see others, discuss a plan for how you can ensure you are following policies and guidelines, such as wearing masks or staying outdoors



Understand, discuss, and implement community rules and guidelines



Communicate with those around you about your concerns and personal comfort level